



Natural Healing

Healhtree Healing Centre

Volume 1, Issue 1

Services we provide

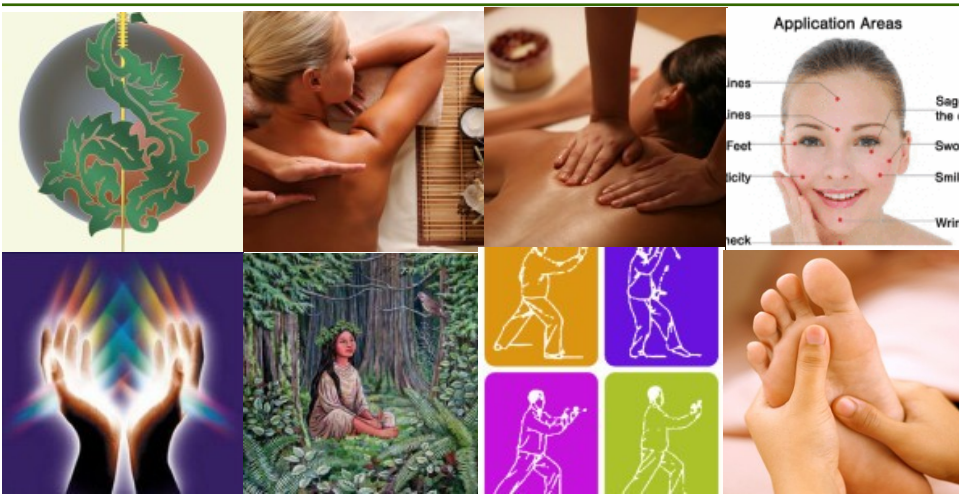
- Acupuncture
- Traditional Chinese Medicine
- Herbal teas
- TDP Lamp
- Guasha
- Cupping
- First Nations Traditional Medicine
- Reiki
- Taichi
- Facial rejuvenation
- Health consultation and education
- Massage therapies
 - ◇ Chinese massage (Tuina),
 - ◇ Swedish massage,
 - ◇ Relaxation,
 - ◇ Deep tissue,
 - ◇ Remedial/therapeutic,
 - ◇ Head massage
 - ◇ Facial massage
 - ◇ Foot massage

Inside this issue:

<i>Featured staff</i>	2
<i>Deal of the month</i>	2
<i>Doctor's advice</i>	2
<i>Practitioner recommendations</i>	3
<i>Acupuncture— supported by the World Health</i>	3
<i>FAQs for our services</i>	3
<i>Testimonials</i>	4

Special points of interest:

- ◇ Insurance coverage for your acupuncture treatments
- ◇ First Nations Traditional Medicine
- ◇ Gift cards for pre-paying services, pay 10 sessions get 1 session FREE
- ◇ Natural healing is the way to go for your health
- ◇ Balanced life, healthy life



Featured staff-Georgina Hnatiuk, Traditional Tribal Healer

Georgina Hnatiuk comes from a long matriarchal line of plant medicine people from the Lax K'wa A'laams Nation of BC and was taught First Nations Traditional Medicines by the chiefs wife of the Nu-Chah-Nulth Nation of Tofino / Clayoquot Sound, BC, in 2002/2003. Georgina spent about 20 hrs a week for a year with her teacher identifying, harvesting and making tribal plant medicines for clients and witnessed incredible cures/remissions of late stage cancer and other seem-

ing incurable or inoperable degenerative diseases from Cancer to Schizophrenia to Tuberculosis. Her oath and responsibility to protect Indigenous Medicines (which are the origin of most modern medicine), coupled with her commitment to make First Nations Traditional Medicine accessible is her life purpose. Georgina is very excited to be offering her services for the public at the Healthtree Healing Centre alongside a wonderful alternative wellness team of doctors and com-

plementary health practitioners.



Deal of the month

FREE first health consultation with Georgina until June 30th.

Pay 10 sessions gets the 11th FREE.

FREE tea of the month: Burdock root.

Pre-pay your services with our gift cards, pay 10 sessions gets the 11th FREE!

Doctor's advice

There was not any difference between food and medications. When it serves our nutritional needs, it is called food. When it is used to help us for restoration of our health, it is called medication. However, since our intelligence drove us to find the chemical ingredients of them and used them in a different form other than its natural form, it is not food any more. We gave the medication a new name—DRUG. When the medical system promotes the use of drugs, not natural form, we are in trou-

ble. We got more and more problems with our health, when we get help from those drugs. Pharmaceutical companies have been the driving force behind for profits.

It is up to us (you and me) to make the decision which way we want to go for, not the authorities, Western medical doctors or CEO of the pharmaceutical company. Stand up for your health, make your wise decision!

Healing in a natural way is the way to

go for our health!

Dr. Li and the whole team at Healthtree Healing Centre are happy to help you to restore your health in a natural way!

Practitioner recommendations

Balanced life, healthy life

We all know that a balanced diet, balanced life leads to good health. However, it is not easy to keep. We can try to have it for one day, but it is so hard to keep it everyday. That is why so many people end up with health issues.

In Huang Di Nei Jing, a very ancient book for Traditional Chinese Medicine, the emperor ask the doctor how come people livesonly half of the time that they live in the old times. The doctor explained that one of the reasons is that more people knowing how they can make themselves happy and enjoy the

way to the point that hurt their health. It is so true in the current time too. We often like the food and the activities so much that we forgot the limitation and made ourselves im-balanced, therefore we have high blood pressure, diabetics, obesities, lots of painful conditions and shortened life span.

All good things happened with efforts. To keep ourselves healthy, we have to be aware of what we eat, what we do and what will happen to the environment around us. Some need our personal efforts, some require the efforts from the whole groups of people. Let's

start the health journey with ourselves and encourage the whole group do so too!

Consult Dr. Li for advices and tips on how to keep yourself balanced!

Acupuncture— supported by the World Health Organization

Acupuncture has been proved to be effective for (WHO):

- Adverse reactions to radiotherapy and/or chemotherapy
- Allergic rhinitis (including hay fever)
- Biliary colic
- Depression (including depressive neurosis and depression following stroke)
- Dysentery, acute bacillary
- Dysmenorrhoea, primary
- Epigastralgia, acute (in peptic ulcer, acute and chronic gastritis, and gastrospasm)

- Facial pain (including craniomandibular disorders)
- Headache
- Hypertension, essential
- Hypotension, primary
- Induction of labour
- Knee pain
- Leukopenia
- Low back pain
- Malposition of fetus, correction of
- Morning sickness
- Nausea and vomiting
- Neck pain
- Pain in dentistry (including dental pain and temporomandibular dys-

- function)
- Periarthritis of shoulder
- Postoperative pain
- Renal colic
- Rheumatoid arthritis
- Sciatica
- Sprain
- Stroke
- Tennis elbow

Please contact us for other conditions that we can help.

FAQs for our services

Question: Are your services covered by Manitoba Health Card?

Answer: Not at this moment. Situation may change in the near future, when these services get regulated/legislated.

Question: Are your services covered by insurance companies?

Answer: Our acupuncture services by Dr. Li are covered by most insurance companies, including the Great West Life, BlueCross, Manulife, Green

Shield, Sun life, etc.

Question: Do I need to make an appointment ahead of time for your services?

Answer: We encourage pre-booking your appointment for our services, so that we can arrange a therapist for you, although walk-in is welcomed subject to availability of our therapists.

Acupuncture treatment by Dr. Li is covered by most insurance companies!

Healthtree Healing Centre

609 Sargent Ave,
Winnipeg, MB R3E 0A2

Phone: 204-396-4325
Toll-free: 1-855-866-3456
E-mail: info@healthtreehealing.ca

HealthtreeHealing.ca

Affordable healing therapies



To serve you the best, our centre is being established with multi-disciplinary health professionals, including acupuncturists, doctors of traditional Chinese medicine (TCM) and Western medicine, Traditional Tribal Healer, massage therapists, Reiki practitioners and Taichi instructors .

We believe in that human body has the power to heal itself with proper instructions and assistance from health professionals and the practice of these instructions yourself. You are meant to have all natural materials, not chemicals. Your health needs a balance, nutritionally, mentally, and socially.

Testimonials

I have been having issues with energy and psychosis and have been hospitalized 3 times. The final diagnosis was schizophrenia. The pharmaceutical medication I take has helped considerably. However, I still experience symptoms and loss of energy and drive. I waited this out thinking I would recover my energy over time but still felt drained. Dr. Li is helping me with these issues. After my first acupuncture treatment I felt a difference. I felt welcomed to the world. I was more happy, grounded, and stable. After my 7th session, my energy and balance returned. I was the most stable and energized I've been in years. Before

acupuncture treatments, my art work tended to bring back the psychotic episodes. I couldn't do what I loved to do, because it left me feeling distorted, overwhelmed, and panicked. I would pace and repeat mantras, moving about trying to relax. After my 8th session, I found to my amazement that I can do the things I like without the psychotic reactions. I am more balanced and haven't experienced any recurring symptoms since I received treatment from Dr. Li. I would highly recommend Dr. Li, who is both kind and skilled. Thankfully! —Taylor



*Natural therapies that
promoting healing*